Challenging Behaviour

You will play the role of...

**The Expert**

- **I know a lot and like to tell people what I know as often as possible**
- you have a lot of knowledge about the subject (or think you do!)
- you talk a lot and like to share your knowledge with the rest of the group as often as you can
- you want the Trainer and the other learners to recognise your expertise
- you often share your knowledge even when you are not asked to do so
You will play the role of…

**The Aggressor**

- I am very critical of others and sometimes confrontational

- you have little patience with others in the group – both learners and the trainer

- you are often questioning and sometimes argumentative with others in the training

- you often challenge what the trainer has to say and question their authority

- you like to dominate and are unwilling to see others’ points of view
You will play the role of... 

**The Complainer**

I have a very negative attitude and focus on problems

- you will sometimes show a lack of enthusiasm for the training activities
- you will usually take a negative approach, focusing on problems and the things that could go wrong
- you can be sceptical about some of the things you are being told
- you sometimes complain about the training and about the monitoring role
You will play the role of...

**The Quiet Learner**

- You are very quiet during training, only contributing when you are asked to.
- You are sometimes nervous about giving answers or ideas and do not like being put on the spot.
- You often defer to other people’s views.
- You think about things carefully.
You will play the role of...

The Distracted

- You are easily distracted by things unrelated to the training, such as external factors and your phone.
- You only concentrate for a few minutes when you are not enjoying something.
- You bore easily and like to move around.
- You sometimes focus on and discuss things that are irrelevant.

I am easily distracted and find it hard to focus.